

A Celebration of the Bread and Water:

If celebrating in the same place, before beginning, everyone should wash their hands well and dry them with a paper towel that can be disposed.

For the ritual, any form of bread is fine (e.g. pita, homemade eucharistic bread, tortilla, desert bread, soda bread, chapati, naan, baguette, dinner roll, ciabatta, matza, etc.) To increase the symbolism, it would be good that the bread be one from which each participant can break off a piece and then pass the bread to the next person.

Elders Reader:

Jesus said, "Truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." *(John 6.32-33)*

Everyone Together:

We take this bread as a symbol of the strength that comes from God and remembering that we can do all things through Christ who strengthens us.

Pass the Bread. *(If celebrating in the same place, each participant breaks off a piece and then passes the bread to the next person. The bread may be consumed as it is broken off or all can wait until everyone has broken off a piece and consume the bread at the same time. If celebrating remotely have a roll or a piece of any bread on a plate.)*

Youngest Reader:

Jesus said, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." *(John 4.13-14)*

Everyone Together:

We take this water as a symbol of the abundant life, love, and friendship shown to us through the example Jesus who is the Christ.

Pass the Water. *(If celebrating in the same place, pass the water and pour into the cup of the next person and pass the pitcher to the next person who repeats the action until all have passed the water to someone else. Then eat bread and drink water. If celebrating remotely have a small glass of water next to the bread plate.)*

Everyone Together:

Through faith, may God dwell in our hearts in love. "[We] pray that [we] may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that [we] be filled with all the fullness of God" *(Eph 3.18-19)* ...which is far more than we could ever understand.

Glory to You, oh God, the Source of all Being, Eternal Word and Holy Spirit, as it was in the beginning is now and forever.

And let the people say... AMEN!